

Wahoo Parks and Recreation  
**ADULT VOLLEYBALL LEAGUE RULES**

It is the responsibility of every player to have a thorough understanding of the following rules.

- 1) Parents or guardians who bring children to the game are responsible for their supervision. Children should remain seated in the gym bleachers.
- 2) Players under the age of 18 must be approved by the league director and their school's AD and/or coach to play in the league.
- 3) Women's 3-on-3 teams are comprised of 3 players, with a minimum of two players necessary. Coed 4-on-4 teams are comprised of 4 players, with a minimum of two players necessary. Coed teams will be comprised of an equal or greater number of females to males. Examples include: 2 Females and 2 Males, 3 Females and 1 Male or 4 Females and 0 Males.
- 4) In addition to the modifications mentioned, current NFHS rules will be used with players calling faults/rule infractions. Players do not need to rotate court positions but do need to rotate who serves. The playing court will be modified using a shortened/narrower court.
- 5) All teams must show up at least five minutes before match time. **For every minute your team is late, your team score will be penalized that number. (Ex: 5 minutes late 5-0, both teams 5 minutes late 5-5, etc.)**
- 6) Match Scoring (Regular Season): First two sets to 25 w/cap at 30. Third set to 15 w/cap at 20. All three sets will be played. Match scoring for the tournament will be posted on the tournament bracket.
- 7) **Results must be recorded by the winning team. If no score is recorded, a double forfeit will be factored into the standings/results.**
- 8) Seeding for the tournament will be done after the final game of the season and will be posted online.
- 9) A player must play at least twice during the regular season to be eligible for tournament play. The honor system will govern this rule.
- 10) Any player may play for another team; however they may only play for the team whose roster they're on for tournament play. Substituting should only be done when absolutely necessary!

**In the event of inclement weather, a cancellation decision will be made by 5:30pm.  
This announcement will be posted to the WP&R HOTLINE: (402) 443-4500.**